



Certificate in Pacific Nutrition

Delivered by: Pacific Heartbeat – Heart Foundation
Awarded by: Auckland University of Technology

9-day Course Dates

Module 1: Aug 18 – 20, 2010

Module 2: Sep 8 – 10, 2010

Module 3: Oct 6 – 8, 2010

Time: 8.30am – 4.30 pm each day

Venue: Seminar Room
Heart Foundation Building
9 Kalmia Street
Ellerslie-Auckland



Who is the course for?

The course is primarily for Pacific workers, but is open to anyone working with Pacific peoples. This “train the trainer” nutrition course will be most applicable to those already working in the community (paid or voluntary) who are able to train, advise and support others in making healthy food choices. In-depth knowledge of food and nutrition is not required. Willingness to learn and a commitment to making a difference to the health of Pacific peoples are imperative.

What will I learn about?

It's a hands-on approach to learning that encourages participants to apply knowledge within a group environment at a community level. Work around effective facilitation that is fun and relevant is the foundation we use when looking at the general principles of nutrition and physical activity and how they relate to health. Please see the attached course outline for the list of topics covered.



How do I register?

Email or telephone us and we will send you the necessary registration and application forms. Places are limited and so all applications need to be received **before or by Friday 23rd July, 2010. We can not guarantee acceptance of applications after this date.**

Enquiries

Samuel Lafolua

Nutrition Trainer

Phone: DDI 09 571 4654

Email: samuell@heartfoundation.org.nz

Mafi Funaki-Tahifote

PHB Dietitian,

Team Leader

Phone: DDI 09 571 4665

Email: mafift@heartfoundation.org.nz

Enrolment

Proof of eligibility to study in New Zealand is required. Enrolments are processed by Pacific Heartbeat on behalf of AUT. Notification will be given once your place on the course has been confirmed. **Please note that acceptance for training is not automatic.** It is based on the level of suitability and relevance the training package has in relation to the line work you are in.

Course fees

The course is subsidised by the Ministry of Health with students paying a nominal fee of **\$100.00**

Note: Subject to change without notification.

Other details

- All course materials will be provided, but please bring a pen and paper
- The course runs for a total of nine days
- Each day begins at 8:30am and finishes by 4.30pm and students are expected to attend **all** classes to complete the course
- Active participation in learning activities, discussions and group work is encouraged
- Participants who complete the course will be awarded the Certificate in Pacific Nutrition worth 15 Credits, Level 4000 from the Auckland University of Technology
- Morning tea and afternoon tea will be provided